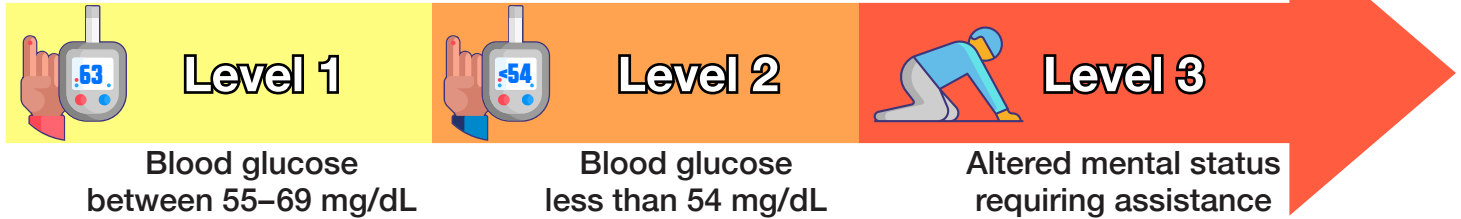


Hypoglycemia in Diabetes

Risk of hypoglycemia should be reviewed at every clinic visit.

Prescribe glucagon for patients at risk for hypoglycemia.

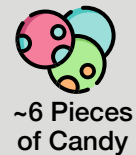


Level 3 hypoglycemia or hypoglycemia unawareness is an indication to deintensify treatment regimen and targeted diabetes education.

Inform Your Patients of the 15–15 Rule

Have 15 grams of fast-acting carbohydrates, recheck in 15 minutes
Repeat until glucose rises to $\sim >100$ mg/dL or 5.6 mmol/L) ONLY IF PERSON IS CONSCIOUS

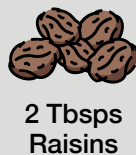
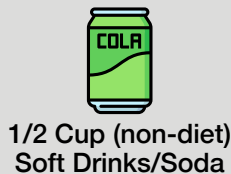
15 Grams of Fast-Acting Carbohydrates Examples



Have
15
Grams

Recheck in
15
Minutes

Repeat
Until
Glucose
Rises



Hypoglycemia unawareness can be reversible by raising the glycemic target.



Monitor closely for hypoglycemia if patients develop declining cognition.